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| **Name of activity/ event/ location** | **Hike** | **Date of risk assessment** |  | **Name of who undertook this risk assessment** |  |
| **Date of next review** | **Before each hike** |

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| **Hazard Identified? /**  **Risks from it?** | **Who is at risk?** | **How are the risks already controlled?**  **What extra controls are needed?** | **What has changed that needs to be thought about and controlled?** |
| ***Hazard*** *– something that may cause harm or damage.*  ***Risk*** *– the chance of it happening.* | *Young people,*  *Leaders,*  *Visitors?* | ***Controls*** *– Ways of making the activity safer by removing or reducing the risk from it.*  *For example - you might use a different piece of equipment or you might change the way the activity is carried out.* | *Keep* ***checking*** *throughout the activity in case you need to change it…or even* ***stop*** *it! This is a great place to add comments which will be used as part of the review.* |
| **Misnavigation leading to increased risk of all other hazards plus the consequences of being lost, exhausted and late (after dark?)** | All those taking part | Route agreed to be within navigational and physical capabilities of participants. Adequate maps, compasses plus route instructions & spares to be provided to each group  At least one sufficiently competent navigator in each group (consider back up)  Every group has adequate effective means of emergency communication with event organisers or to be adequately monitored |  |
| **Roads and Traffic** – injuries from collissions between vehicles and people | Young people, leaders | Route to be chosen to minimise use of roads without a footpath.  Young people briefed on safety around roads, and expected behaviour.  Crossing to be directly supervised by adults (one on each side of the crossing point), at designated crossing points if possible  Hi visibility jackets to be worn by leaders (front and back of the group  Single file walking where on the road |  |
| **Weather** – rain prior and during the hike, hot weather causing heat exhaustion or sun stroke. | Young people, leaders | Leader to monitor weather forecast in advance, if heavy rain forecast then alternative activity to be planned.  Weather check prior to the start.  Participants advised on suitable clothing to wear and carry (including sun protection and waterproofs), leaders to check everyone suitably equipped at start and have a few spares available.  Review route to suit the weather conditions, including during the hike if too hot or wet to continue. Routes to have escape routes / alternatives marked.  Everyone to bring a filled water bottle, if very hot then plan water stops and refilling if needed. |  |
| **Terrain –** uneven ground, branches, nettles etc, animals and livestock | Young people, leaders | Routes to be checked by leaders ahead of the hike, any challenging terrain to be checked physically in advance or an alternative planned in case too challenging for the group.  Participants advised on suitable footwear and checked at start. Young people to be briefed on safe navigation on the terrain, including avoiding brambles, nettles etc  First aid kits to be carried by leaders, all to be encouraged to wear long trousers if concern over foliage or ticks.  Leaders to monitor livestock, find alternative routes to avoid crossing any fields with livestock present. |  |
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